



**Sunday
SEPT. 14, 2014**

5K RUN/RELAY STARTS AT 9:00 AM



Mail completed form and fee to: Rockwood Summit High School, c/o 5K Run, 1 780 Hawkins, Fenton, MO 63026

Fill out a separate form for each participant- PLEASE PRINT CLEARLY

First Name: _____ Last Name: _____

Team Name: _____

Address: _____

City/State/Zip: _____

Phone #: _____ Email: _____

Gender: ☐ Male ☐ Female Age on Day of Race: _____

Waiver/Release- Must Be Read and Signed Before Mailing:

In consideration of acceptance of my entry, I, the undersigned participant, and if less than 18 years of age, my parent or guardian, intending to be legally bound, do hereby ourselves, and heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights, claims and actions for damages that we or any of us may have, or that may hereafter accrue to us or any of us, against and all persons, organizations and entities associated with the event, including but not limited to Rockwood R-VI School District including sponsors, organizers, together with its directors, officers, employees and agents, any and all sponsors of the event, volunteers, and individual Race organizers, arising out of or in connection with my entry in, travel to, participating in, and returning from the Summit High School Homecoming 5K and relay: and I further agree that if, despite this release and waiver of liability agreement I, the Participant or anyone on behalf of the Participant if under 18 years of age, or myself, makes a claim released in this agreement, I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim. I attest and verify that I am physically fit and sufficiently trained to participate in this event and that I understand that I am responsible for my own safety while participating in this event, and the post-race activities. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road, traffic on the course, all such risks being known and appreciated by me. I also give permission for the free use of my name and/or pictures in broadcasts, telecasts, newspapers, posters, advertising, etc. for any future event given by one of the organizations and entities associated with the event, including but not limited to Rockwood R-VI School District and any and all sponsors of the event.

I understand that the entry fees are non-refundable.

Participant Signature: _____

Date: _____ (Parent or Guardian if under 18)

Please choose one OPTION:

All 5K/Relay registrants prior to August 27, 2014 will be guaranteed a T-shirt. Registrants after August 27th will be on a first come basis.

5K Run	\$20	S M L XL
5K Run (Race Day)	\$25	

5K Relay Team Rate		
3 Runners/Team	\$45	S M L XL
3 Runners/Team	\$60	
(Race Day)		

Each participant must complete an entry form or register online.

All TEAM Sign ups must enter at the same time and use the exact same TEAM NAME - 3 per team.

Please Make Checks Payable To:

Rockwood Summit High School

YOU CAN ALSO REGISTER ONLINE UNTIL
NOON TUESDAY, SEPT 9th
<https://events.bigriverrunning.com/rockwood5k>

PACKET PICK -UP

Location: Rockwood Summit High School

It is suggested that you pick up your packet:

Thurs., Sept. 11	4pm - 6pm (Welcome Center)
Fri., Sept. 12	4pm - 6pm (Welcome Center)

You will also be able to pick up your packet the day of the race:
7:45 am - 8:45 am at registration table

RACE DAY INFORMATION:

Date: Sunday, September 14, 2014

Location: Rockwood Summit High School 1780 Hawkins, Fenton MO 63026

Day of Race Registration:	7:45-8:45 am
Start of 5K Run/Relay:	9:00 am
Family Activities:	9:00-11:00 am
Awards Ceremony:	Immediately After Race

AWARDS & PRIZES:

*The top three times in male and female categories will win a cash prize.

5K COURSE:

The 5K (3.1 mile) course winds through the scenic neighborhood streets of Fenton.

TIMING:

Big River Running Company will provide professional timing, results recorded and published to all participants.

To View race Results: www.bigriverrunning.com
Click on "Race Results"

**For More Information,
and a Complete List of Sponsors, VISIT
www.rockwood.k12.mo.us/rsummit**

Return This Portion With Your Fee.
Keep This Portion For Your Records.