

## ROCKWOOD SUMMIT SWIMMING AND DIVING

### Individual Top Times

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
<b>Girls 50 Free</b>							
1	27.18 Y	P	Natalie Zahari	SR	RSHS	1/10/2018	Nancy Brandt Invite
2	27.60 Y	F	Madison Powers	FR	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
3	28.61 Y	F	Lexi Whitney	SR	RSHS	12/5/2017	Clayton g17-18
4	28.66 Y	F	Sarah Katsion	SR	RSHS	12/15/2017	Summit Quad
5	28.96 Y	F	Rachel Menz	SO	RSHS	1/11/2017	Nancy Brandt Invite
6	30.16 Y	F	Izzy Ruamwjitphong	SO	RSHS	1/4/2018	Pattonville g17-18
7	30.50 Y	F	Nivy Prabhu	SO	RSHS	1/20/2017	City of Roses Invitational
8	31.03 Y	F	Alexis Harrell	SR	RSHS	12/14/2016	Mehlville g16-17
9	32.00 Y	F	Anna Crooks	JR	RSHS	1/30/2018	Kirkwood g17-18
10	32.38 Y	F	Rachel Stimpson	JR	RSHS	12/15/2017	Summit Quad
11*	32.68 Y	F	Jenny Co	SO	RSHS	1/17/2018	Ritenour g2017-2018
11*	32.68 Y	F	Tessa Suellentrop	FR	RSHS	1/17/2018	Ritenour g2017-2018
13	33.24 Y	F	Grace Templet	FR	RSHS	1/19/2018	City of Roses Invitational
14	33.50 Y	F	Maya VanCardo	FR	RSHS	1/4/2018	Pattonville g17-18
15	33.78 Y	F	Peyton Thorne	SO	RSHS	1/25/2018	Oakville g17-18
16	34.39 Y	F	Alyssa Helgenberg	FR	RSHS	12/7/2017	Affton g17-18
17	39.11 Y	F	Kennady Schertzer	SO	RSHS	1/17/2018	Ritenour g2017-2018
18	40.39 Y	F	Ashley Rolwes	SO	RSHS	1/17/2018	Ritenour g2017-2018
19	40.66 Y	F	Hannah Zoll	SO	RSHS	1/25/2018	Oakville g17-18
20	43.68 Y	F	Kaitlyn Meacham	SO	RSHS	1/30/2018	Kirkwood g17-18
21	43.83 Y	F	Macy Ryan	FR	RSHS	1/17/2018	Ritenour g2017-2018
<b>Girls 100 Free</b>							
1	1:01.62 Y	F	Natalie Zahari	SR	RSHS	1/25/2018	Oakville g17-18
2	1:02.06 Y	F	Madison Powers	FR	RSHS	1/10/2018	Nancy Brandt Invite
3	1:04.94 Y	F	Lexi Whitney	SR	RSHS	1/10/2018	Nancy Brandt Invite
4	1:05.14 Y	F	Izzy Ruamwjitphong	SO	RSHS	2/8/2017	Suburban XII Swimming and Diving Champic
5	1:06.11 Y	F	Rachel Menz	SO	RSHS	1/11/2017	Nancy Brandt Invite
6	1:08.35 Y	F	Sarah Katsion	SR	RSHS	12/14/2015	Ladue/Mehlville g2015-2016
7	1:08.61 Y	F	Alexis Harrell	SR	RSHS	12/14/2016	Mehlville g16-17
8	1:12.60 Y	F	Anna Crooks	JR	RSHS	1/8/2018	Parkway North g17-18
9	1:13.09 Y	F	Nivy Prabhu	SO	RSHS	11/30/2016	Time trials g16-17
10	1:16.48 Y	P	Maya VanCardo	FR	RSHS	1/10/2018	Nancy Brandt Invite
11	1:16.86 Y	F	Alyssa Helgenberg	FR	RSHS	12/15/2017	Summit Quad
12	1:16.94 Y	F	Peyton Thorne	SO	RSHS	12/1/2017	Intrasquad 17-18
13	1:17.32 Y	P	Jenny Co	SO	RSHS	1/10/2018	Nancy Brandt Invite
14	1:18.63 Y	F	Grace Templet	FR	RSHS	1/30/2018	Kirkwood g17-18
15	1:19.65 Y	F	Rachel Stimpson	JR	RSHS	12/15/2017	Summit Quad
16	1:28.03 Y	F	Hannah Zoll	SO	RSHS	1/25/2018	Oakville g17-18
17	1:32.97 Y	F	Kaitlyn Meacham	SO	RSHS	12/14/2016	Mehlville g16-17
18	1:47.72 Y	F	Ashley Rolwes	SO	RSHS	2/2/2017	Pattonville g2016-2017
<b>Girls 200 Free</b>							
1	2:17.57 Y	F	Natalie Zahari	SR	RSHS	12/15/2017	Summit Quad
2	2:20.89 Y	F	Rachel Menz	SO	RSHS	1/11/2017	Nancy Brandt Invite
3	2:26.98 Y	F	Madison Powers	FR	RSHS	1/8/2018	Parkway North g17-18
4	2:28.37 Y	F	Izzy Ruamwjitphong	SO	RSHS	12/1/2017	Intrasquad 17-18
5	2:30.99 Y	F	Lexi Whitney	SR	RSHS	12/6/2016	Clayton g16-17
6	2:33.47 Y	F	Alexis Harrell	SR	RSHS	1/19/2018	City of Roses Invitational
7	2:40.86 Y	F	Alyssa Helgenberg	FR	RSHS	12/15/2017	Summit Quad
8	2:42.16 Y	F	Anna Crooks	JR	RSHS	1/19/2018	City of Roses Invitational
9	2:42.97 Y	F	Sarah Katsion	SR	RSHS	1/30/2018	Kirkwood g17-18
10	2:43.70 Y	F	Nivy Prabhu	SO	RSHS	12/14/2016	Mehlville g16-17
11	2:49.08 Y	P	Rachel Stimpson	JR	RSHS	1/11/2017	Nancy Brandt Invite
12	2:53.57 Y	F	Peyton Thorne	SO	RSHS	12/13/2017	Mehlville g17-18
13	3:13.32 Y	F	Maya VanCardo	FR	RSHS	12/7/2017	Affton g17-18
14	3:19.23 Y	F	Jenny Co	SO	RSHS	1/26/2017	Oakville g2016-2017
15	3:37.14 Y	F	Kaitlyn Meacham	SO	RSHS	1/4/2018	Pattonville g17-18
16	4:11.78 Y	F	Ashley Rolwes	SO	RSHS	12/15/2017	Summit Quad

## ROCKWOOD SUMMIT SWIMMING AND DIVING

### Individual Top Times

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
<b>Girls 500 Free</b>							
1	6:14.91	Y	F	Natalie Zahari	SR	RSHS	1/10/2018 Nancy Brandt Invite
2	6:22.11	Y	P	Rachel Menz	SO	RSHS	2/8/2017 Suburban XII Swimming and Diving Champic
3	6:27.65	Y	F	Madison Powers	FR	RSHS	2/6/2018 Suburban XII Swimming and Diving Champic
4	6:48.08	Y	P	Alyssa Helgenberg	FR	RSHS	2/6/2018 Suburban XII Swimming and Diving Champic
5	6:58.23	Y	F	Lexi Whitney	SR	RSHS	12/5/2017 Clayton g17-18
6	7:04.89	Y	F	Alexis Harrell	SR	RSHS	1/8/2018 Parkway North g17-18
7	7:16.00	Y	F	Izzy Ruamwijtphong	SO	RSHS	1/25/2018 Oakville g17-18
8	7:20.63	Y	F	Sarah Katsion	SR	RSHS	12/10/2015 Parkway Central g2015-2016
9	7:31.86	Y	F	Anna Crooks	JR	RSHS	1/19/2018 City of Roses Invitational
10	7:37.21	Y	F	Nivy Prabhu	SO	RSHS	12/6/2016 Clayton g16-17
11	7:49.97	Y	F	Peyton Thorne	SO	RSHS	1/4/2018 Pattonville g17-18
12	7:55.96	Y	F	Jenny Co	SO	RSHS	1/23/2018 Webster Groves g17-18
13	7:59.38	Y	F	Maya VanCardo	FR	RSHS	1/23/2018 Webster Groves g17-18
14	8:01.08	Y	F	Rachel Stimpson	JR	RSHS	1/30/2018 Kirkwood g17-18
15	9:57.07	Y	F	Kaitlyn Meacham	SO	RSHS	1/8/2018 Parkway North g17-18
16	11:37.26	Y	F	Ashley Rolwes	SO	RSHS	12/15/2017 Summit Quad
<b>Girls 50 Back</b>							
1	32.24	Y	F	Natalie Zahari	SR	RSHS	12/16/2016 Summit Quad
2	33.60	Y	P	Sarah Katsion	SR	RSHS	2/6/2018 Suburban XII Swimming and Diving Champic
3*	35.06	Y	F	Peyton Thorne	SO	RSHS	1/30/2018 Kirkwood g17-18
3*	35.06	Y	F	Rachel Menz	SO	RSHS	1/17/2017 Ritenour g2016-2017
5	36.53	Y	F	Nivy Prabhu	SO	RSHS	12/8/2016 Affton g016-17
6	38.25	Y	F	Madison Powers	FR	RSHS	11/28/2017 Time trials
7	38.77	Y	F	Jenny Co	SO	RSHS	1/8/2018 Parkway North g17-18
8	39.15	Y	F	Lexi Whitney	SR	RSHS	12/14/2016 Mehlville g16-17
9	39.94	Y	F	Izzy Ruamwijtphong	SO	RSHS	11/28/2017 Time trials
10	40.06	Y	F	Grace Templet	FR	RSHS	1/23/2018 Webster Groves g17-18
11	40.07	Y	F	Alexis Harrell	SR	RSHS	11/28/2017 Time trials
12	41.50	Y	F	Alyssa Helgenberg	FR	RSHS	11/28/2017 Time trials
13	44.31	Y	F	Maya VanCardo	FR	RSHS	11/28/2017 Time trials
14	44.34	Y	F	Rachel Stimpson	JR	RSHS	1/30/2018 Kirkwood g17-18
15	44.43	Y	F	Anna Crooks	JR	RSHS	11/28/2017 Time trials
16	50.42	Y	F	Hannah Zoll	SO	RSHS	11/28/2017 Time trials
17	50.77	Y	F	Kaitlyn Meacham	SO	RSHS	12/5/2017 Clayton g17-18
18	53.64	Y	F	Ashley Rolwes	SO	RSHS	12/13/2017 Mehlville g17-18
<b>Girls 100 Back</b>							
1	1:11.87	Y	P	Sarah Katsion	SR	RSHS	2/6/2018 Suburban XII Swimming and Diving Champic
2	1:14.27	Y	P	Rachel Menz	SO	RSHS	2/6/2018 Suburban XII Swimming and Diving Champic
3	1:14.57	Y	P	Natalie Zahari	SR	RSHS	1/11/2017 Nancy Brandt Invite
4	1:17.40	Y	P	Peyton Thorne	SO	RSHS	1/10/2018 Nancy Brandt Invite
5	1:20.25	Y	F	Nivy Prabhu	SO	RSHS	1/31/2017 Kirkwood g2016-2017
6	1:21.62	Y	F	Lexi Whitney	SR	RSHS	12/13/2017 Mehlville g17-18
7	1:22.68	Y	F	Izzy Ruamwijtphong	SO	RSHS	1/4/2018 Pattonville g17-18
8	1:23.79	Y	F	Madison Powers	FR	RSHS	11/28/2017 Time trials
9	1:24.10	Y	F	Alexis Harrell	SR	RSHS	2/4/2016 Parkway West g2015-2016
10	1:25.58	Y	P	Grace Templet	FR	RSHS	2/6/2018 Suburban XII Swimming and Diving Champic
11	1:27.68	Y	F	Alyssa Helgenberg	FR	RSHS	1/23/2018 Webster Groves g17-18
12	1:34.34	Y	F	Maya VanCardo	FR	RSHS	12/15/2017 Summit Quad
13	1:34.42	Y	P	Anna Crooks	JR	RSHS	1/11/2017 Nancy Brandt Invite
14	1:35.28	Y	F	Jenny Co	SO	RSHS	1/31/2017 Kirkwood g2016-2017
15	1:38.53	Y	F	Hannah Zoll	SO	RSHS	1/30/2018 Kirkwood g17-18
16	1:41.30	Y	F	Rachel Stimpson	JR	RSHS	12/16/2016 Summit Quad
17	1:50.40	Y	F	Kaitlyn Meacham	SO	RSHS	1/30/2018 Kirkwood g17-18
18	2:14.16	Y	F	Ashley Rolwes	SO	RSHS	11/28/2017 Time trials
<b>Girls 50 Breast</b>							
1	34.94	Y	P	Nivy Prabhu	SO	RSHS	1/10/2018 Nancy Brandt Invite
2	39.03	Y	F	Natalie Zahari	SR	RSHS	12/14/2016 Mehlville g16-17

**ROCKWOOD SUMMIT SWIMMING AND DIVING**

**Individual Top Times**

**Number of Top Times: All Show Yards Only**

	<b>Time</b>	<b>P/F/S</b>	<b>Name</b>	<b>Age/Yr</b>				
3	39.25	Y	F	Alexis Harrell	SR	RSHS	12/7/2017	Afton g17-18
4	40.20	Y	F	Izzy Ruamwijtphong	SO	RSHS	1/31/2017	Kirkwood g2016-2017
5	40.72	Y	F	Madison Powers	FR	RSHS	11/28/2017	Time trials
6	41.20	Y	F	Lexi Whitney	SR	RSHS	11/28/2017	Time trials
7	43.87	Y	F	Sarah Katsion	SR	RSHS	11/30/2016	Time trials g16-17
8	43.92	Y	F	Rachel Stimpson	JR	RSHS	12/14/2016	Mehlville g16-17
9	44.82	Y	F	Maya VanCardo	FR	RSHS	1/23/2018	Webster Groves g17-18
10	45.57	Y	F	Rachel Menz	SO	RSHS	11/28/2017	Time trials
11	46.13	Y	F	Anna Crooks	JR	RSHS	1/23/2018	Webster Groves g17-18
12	47.14	Y	F	Grace Templet	FR	RSHS	11/28/2017	Time trials
13	49.42	Y	F	Ashley Rolwes	SO	RSHS	1/30/2018	Kirkwood g17-18
14	49.78	Y	F	Peyton Thorne	SO	RSHS	11/28/2017	Time trials
15	50.94	Y	F	Alyssa Helgenberg	FR	RSHS	11/28/2017	Time trials
16	51.49	Y	F	Jenny Co	SO	RSHS	11/28/2017	Time trials
17	57.89	Y	F	Kaitlyn Meacham	SO	RSHS	11/28/2017	Time trials
18	1:02.84	Y	F	Hannah Zoll	SO	RSHS	11/28/2017	Time trials
<b>Girls 100 Breast</b>								
1	1:19.56	Y	P	Nivy Prabhu	SO	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
2	1:24.14	Y	F	Madison Powers	FR	RSHS	12/5/2017	Clayton g17-18
3	1:25.82	Y	F	Natalie Zahari	SR	RSHS	1/24/2017	Webster g2016-2017
4	1:28.18	Y	F	Lexi Whitney	SR	RSHS	1/17/2018	Ritenour g2017-2018
5	1:28.60	Y	F	Alexis Harrell	SR	RSHS	2/1/2016	Clayton g2015-2016
6	1:32.47	Y	F	Sarah Katsion	SR	RSHS	2/3/2015	Webster Groves g2014-2015
7	1:34.11	Y	F	Izzy Ruamwijtphong	SO	RSHS	1/30/2018	Kirkwood g17-18
8	1:39.75	Y	P	Maya VanCardo	FR	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
9	1:42.40	Y	F	Rachel Stimpson	JR	RSHS	12/14/2016	Mehlville g16-17
10	1:43.41	Y	F	Grace Templet	FR	RSHS	1/30/2018	Kirkwood g17-18
11	1:45.18	Y	F	Anna Crooks	JR	RSHS	12/15/2017	Summit Quad
12	1:48.01	Y	P	Ashley Rolwes	SO	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
13	1:48.14	Y	F	Alyssa Helgenberg	FR	RSHS	1/30/2018	Kirkwood g17-18
14	1:49.49	Y	F	Jenny Co	SO	RSHS	12/5/2017	Clayton g17-18
15	1:50.02	Y	F	Peyton Thorne	SO	RSHS	11/28/2017	Time trials
16	2:08.66	Y	F	Hannah Zoll	SO	RSHS	1/4/2018	Pattonville g17-18
17	2:13.13	Y	F	Kaitlyn Meacham	SO	RSHS	11/28/2017	Time trials
<b>Girls 50 Fly</b>								
1	31.28	Y	F	Izzy Ruamwijtphong	SO	RSHS	12/5/2017	Clayton g17-18
2	31.85	Y	F	Natalie Zahari	SR	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
3	32.25	Y	F	Sarah Katsion	SR	RSHS	12/6/2016	Clayton g16-17
4	32.83	Y	F	Madison Powers	FR	RSHS	12/5/2017	Clayton g17-18
5	34.28	Y	F	Rachel Menz	SO	RSHS	1/30/2018	Kirkwood g17-18
6	34.91	Y	F	Lexi Whitney	SR	RSHS	11/28/2017	Time trials
7	35.65	Y	F	Anna Crooks	JR	RSHS	1/17/2018	Ritenour g2017-2018
8	36.23	Y	F	Nivy Prabhu	SO	RSHS	11/30/2016	Time trials g16-17
9	39.45	Y	F	Alexis Harrell	SR	RSHS	11/24/2015	Time Trials girls 15-16
10	39.92	Y	F	Peyton Thorne	SO	RSHS	1/17/2018	Ritenour g2017-2018
11	40.17	Y	F	Maya VanCardo	FR	RSHS	1/8/2018	Parkway North g17-18
12	40.89	Y	F	Jenny Co	SO	RSHS	12/5/2017	Clayton g17-18
13	41.36	Y	F	Alyssa Helgenberg	FR	RSHS	11/28/2017	Time trials
14	44.57	Y	F	Rachel Stimpson	JR	RSHS	11/30/2016	Time trials g16-17
15	51.11	Y	F	Hannah Zoll	SO	RSHS	1/8/2018	Parkway North g17-18
16	57.28	Y	F	Kaitlyn Meacham	SO	RSHS	11/30/2016	Time trials g16-17
17	1:07.30	Y	F	Ashley Rolwes	SO	RSHS	12/30/2016	50 times
<b>Girls 100 Fly</b>								
1	1:13.13	Y	F	Izzy Ruamwijtphong	SO	RSHS	2/8/2017	Suburban XII Swimming and Diving Champic
2	1:15.94	Y	F	Natalie Zahari	SR	RSHS	1/17/2018	Ritenour g2017-2018
3	1:18.23	Y	F	Madison Powers	FR	RSHS	1/25/2018	Oakville g17-18
4	1:18.34	Y	F	Sarah Katsion	SR	RSHS	1/9/2017	Parkway North g2016-2017
5	1:20.18	Y	F	Rachel Menz	SO	RSHS	1/9/2017	Parkway North g2016-2017

## ROCKWOOD SUMMIT SWIMMING AND DIVING

### Individual Top Times

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
6	1:21.91 Y	F	Lexi Whitney	SR	RSHS	1/23/2018	Webster Groves g17-18
7	1:24.26 Y	F	Nivy Prabhu	SO	RSHS	12/8/2016	Affton g016-17
8	1:27.04 Y	F	Alyssa Helgenberg	FR	RSHS	12/1/2017	Intrasquad 17-18
9	1:27.58 Y	F	Anna Crooks	JR	RSHS	1/17/2018	Ritenour g2017-2018
10	1:29.41 Y	F	Peyton Thorne	SO	RSHS	12/15/2017	Summit Quad
11	1:32.57 Y	F	Maya VanCardo	FR	RSHS	1/30/2018	Kirkwood g17-18
12	1:32.75 Y	F	Alexis Harrell	SR	RSHS	1/26/2016	Ritenour g2015-2016
13	1:39.17 Y	F	Jenny Co	SO	RSHS	1/17/2018	Ritenour g2017-2018
14	1:41.38 Y	F	Rachel Stimpson	JR	RSHS	1/26/2017	Oakville g2016-2017
15	1:50.76 Y	P	Hannah Zoll	SO	RSHS	1/10/2018	Nancy Brandt Invite
16	2:52.56 Y	F	Ashley Rolwes	SO	RSHS	11/28/2017	Time trials
<b>Girls 200 IM</b>							
1	2:38.63 Y	F	Natalie Zahari	SR	RSHS	2/8/2017	Suburban XII Swimming and Diving Champic
2	2:40.39 Y	F	Madison Powers	FR	RSHS	1/23/2018	Webster Groves g17-18
3	2:45.46 Y	F	Nivy Prabhu	SO	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
4	2:47.08 Y	F	Rachel Menz	SO	RSHS	1/24/2017	Webster g2016-2017
5	2:48.65 Y	F	Izzy Ruamwijitphong	SO	RSHS	2/8/2017	Suburban XII Swimming and Diving Champic
6	2:48.70 Y	F	Sarah Katsion	SR	RSHS	1/11/2017	Nancy Brandt Invite
7	2:52.92 Y	F	Lexi Whitney	SR	RSHS	1/17/2018	Ritenour g2017-2018
8	2:53.57 Y	F	Maya VanCardo	FR	RSHS	12/13/2017	Mehlville g17-18
9	2:55.79 Y	P	Alexis Harrell	SR	RSHS	2/8/2016	Suburban XII Championships
10	2:59.98 Y	P	Peyton Thorne	SO	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
11	3:07.90 Y	P	Anna Crooks	JR	RSHS	2/6/2018	Suburban XII Swimming and Diving Champic
12	3:09.06 Y	F	Alyssa Helgenberg	FR	RSHS	12/5/2017	Clayton g17-18
13	3:14.14 Y	F	Rachel Stimpson	JR	RSHS	12/14/2016	Mehlville g16-17
14	3:23.57 Y	F	Jenny Co	SO	RSHS	1/4/2018	Pattonville g17-18
15	3:46.24 Y	F	Hannah Zoll	SO	RSHS	1/23/2018	Webster Groves g17-18
16	4:09.89 Y	P	Kaitlyn Meacham	SO	RSHS	1/10/2018	Nancy Brandt Invite
<b>Girls 1 Meter 6 Dives</b>							
1	205.65	F	Kennady Schertzer	SO	RSHS	1/8/2018	Parkway North g17-18
2	186.80	F	Tessa Suellentrop	FR	RSHS	1/8/2018	Parkway North g17-18
3	183.70	F	Makenna Puksza	JR	RSHS	1/9/2017	Parkway North g2016-2017
4	179.65	F	Macy Ryan	FR	RSHS	1/8/2018	Parkway North g17-18
<b>Girls 1 Meter 11 Dives</b>							
1	355.20	F	Kennady Schertzer	SO	RSHS	2/3/2018	Ladue Diving meet
2	341.30	F	Macy Ryan	FR	RSHS	2/3/2018	Ladue Diving meet