

# Rockwood Summit Swimming and Diving

Meet: Cape Invite Date: 21 January 2017

## GIRLS

	A 3/4	B 5/2	C 1/6	D (EX)
<b>200 MEDLEY RELAY</b> 1:58.99	KATSION PRABHU IZZY WHITNEY	ALTERNATE: MOELLER SPECKMAN CROOKS		
<b>200 FREESTYLE</b> 2:01.99	MENZ	RETTIG	BATHON	STIMPSON
<b>200 IND. MEDLEY</b> 2:18.49	ZAHARI	PRABHU	IZZY	CROOKS
<b>50 FREESTYLE</b> :25.79	GRIMSHAW	WHITNEY	STALLINGS	MOELLER
<b>DIVING</b> 6dive/210				
<b>100 BUTTERFLY</b> 1:02.69	IZZY	KATSION	SPECKMAN	METZLER
<b>100 FREESTYLE</b> :56.19	GRIMSHAW	WHITNEY	MOELLER	RASNIC
<b>500 FREESTYLE</b> 5:30.39	MENZ	ZAHARI	CROOKS	JUNDT
<b>200 FREE RELAY</b> 1:45.99	GRIMSHAW MENZ KATSION ZAHARI	ALTERNATE: BATHON PRABHU RETTIG		
<b>100 BACK STROKE</b> 1:03.79	KATSION	BATHON	SABBERT	TAYLOR
<b>100 BR STROKE</b> 1:12.49	PRABHU	RETTIG	STALLINGS	STIMPSON
<b>400 FREE RELAY</b> 3:53.99	GRIMSHAW IZZY MENZ ZAHARI	ALTERNATE: MOELLER STALLINGS BATHON		

	INDIVIDUAL		RELAY	
	200F	BK	200R	400R
LILY BATHON (SO)				
JENNY CO (FR)				
ANNA CROOKS (SO)	IM	500F	MED	
*JILL GRIMSHAW (SR)	50F	100F	200R	400R
LAURA HANSON (SO)				
ALEXIS HARRELL (JR)				
HANNAH JUNDT (SO)	500F			
SARAH KATSION (JR)	FLY	BK	MED	
MARY LEIBRECHT (JR)				
MADelyn MAYER (FR)				
KAILYN MEACHAM (FR)				
RACHEL MENZ (FR)	200F	500R	200R	400R
LAUREN METZLER (FR)	FLY			
SAM MOELLER (SO)	50F	100F	MED	200R
JOSIE ORLANDO (FR)				
NIVY PRABHU (FR)	IM	BR	MED	200R
MAKENNA PUKSZTA (SO)				
KATIA QUIGG (JR)				
MARLEE RASNIC (FR)	100F			
MEG RETTIG (SR)	200F	BR	200R	
ASHLEY ROLWES (FR)				
IZZY RUAMWIJITPHONG (FR)	IM	FLY	MED	400R
ZOE SABBERT (FR)	BK			
KENNADY SCHERTZER (FR)				
SYDNEY SELLERS (SO)				
ALENA SPECKMAN (JR)	FLY		MED	
DANIELLE STALLINGS (SR)	50F	BR	400R	
RACHEL STIMPSON (SO)	200F	BR		
CASEY TAYLOR (FR)	BK			
LOIS WESTLAND (FR)				
LEXI WHITNEY (JR)	50F	100F	MED	
SHELBE WOODY (FR)				
LAUREN WULF (FR)				
NATALIE ZAHARI (JR)	IM	500F	200R	400R

\*DENOTES CAPTAIN