

## ROCKWOOD SUMMIT SWIMMING AND DIVING

### Individual Top Times

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
<b>Boys 50 Free</b>							
1	21.83 Y	F	Max Stapleton	JR	RSHS	11/8/2014	State Finals b2014-2015
2	22.58 Y	F	Justin Mars	SR	RSHS	11/7/2014	State Prelims b2014-2015
3	24.00 Y	F	Michael Bassett	SR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
4	24.31 Y	F	Zack Abkemeier	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
5	24.65 Y	F	Nathan Helgenberg	JR	RSHS	11/7/2013	Suburban South Conference Finals
6	25.24 Y	F	Timmy Mitchell	SR	RSHS	8/28/2013	Intra squad boys 2013
7	25.64 Y	F	Jecay Chen	SO	RSHS	10/16/2014	Vianney b2014-2015
8	25.86 Y	F	Tim Weber	JR	RSHS	9/26/2014	Clayton b2014-2015
9	26.22 Y	F	Zach Milonas	SO	RSHS	10/22/2013	Parkway West b2013-2014
10	27.03 Y	F	Noah Stelmachowicz	SO	RSHS	9/30/2014	Webster Groves 2014-2015
11	27.07 Y	F	Alan Peng	FR	RSHS	9/30/2014	Webster Groves 2014-2015
12	27.09 Y	F	Kyle McGinnis	SR	RSHS	9/30/2014	Webster Groves 2014-2015
13	27.19 Y	F	Kanoa Quigg	JR	RSHS	10/21/2014	Oakville b2014-2015
14	27.60 Y	F	Grant Abkemeier	FR	RSHS	10/21/2014	Oakville b2014-2015
15	27.87 Y	F	Tanner Fokkens	SO	RSHS	10/21/2014	Oakville b2014-2015
16	28.96 Y	F	Nikil Mitra	FR	RSHS	10/21/2014	Oakville b2014-2015
17	30.29 Y	F	Steven Mltchell	FR	RSHS	8/27/2014	WCA b2014-2015
18	35.93 Y	F	Tommy Weber	FR	RSHS	9/26/2014	Clayton b2014-2015
19	54.40 Y	F	Branden Stewart	SO	RSHS	9/4/2014	Ladue b2014-2015
<b>Boys 100 Free</b>							
1	49.11 Y	F	Justin Mars	SR	RSHS	10/10/2013	Rockwood Summit Invite Finals
2	52.44 Y	F	Max Stapleton	JR	RSHS	9/26/2014	Clayton b2014-2015
3	54.90 Y	F	Michael Bassett	SR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
4	55.29 Y	F	Zack Abkemeier	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
5	56.09 Y	F	Zach Milonas	SO	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
6	56.91 Y L	F	Tim Weber	JR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
7	57.68 Y	F	Noah Stelmachowicz	SO	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
8	58.05 Y	F	Jecay Chen	SO	RSHS	10/21/2014	Oakville b2014-2015
9	58.99 Y	F	Kyle McGinnis	SR	RSHS	10/21/2014	Oakville b2014-2015
10	1:00.01 Y	F	Kanoa Quigg	JR	RSHS	10/21/2014	Oakville b2014-2015
11	1:01.05 Y	F	Timmy Mitchell	SR	RSHS	10/6/2014	Pattonville b2014-2015
12	1:01.80 Y	F	Nathan Helgenberg	JR	RSHS	10/21/2014	Oakville b2014-2015
13	1:01.87 Y	F	Nikil Mitra	FR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
14	1:02.45 Y	F	Alan Peng	FR	RSHS	9/30/2014	Webster Groves 2014-2015
15	1:03.26 Y	F	Tanner Fokkens	SO	RSHS	9/11/2014	Summit Quad g2014-2015
16	1:07.66 Y	P	Steven Mltchell	FR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
17	1:08.47 Y	F	Grant Abkemeier	FR	RSHS	10/16/2014	Vianney b2014-2015
18	1:27.01 Y	F	Tommy Weber	FR	RSHS	9/26/2014	Clayton b2014-2015
<b>Boys 200 Free</b>							
1	1:49.67 Y	F	Justin Mars	SR	RSHS	9/30/2014	Webster Groves 2014-2015
2	1:56.77 Y	F	Zack Abkemeier	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
3	2:03.20 Y	F	Max Stapleton	JR	RSHS	10/6/2014	Pattonville b2014-2015
4	2:03.53 Y	F	Zach Milonas	SO	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
5	2:08.13 Y	F	Jecay Chen	SO	RSHS	10/21/2014	Oakville b2014-2015
6	2:08.71 Y	F	Michael Bassett	SR	RSHS	11/6/2013	Suburban South Conference Meet
7	2:09.46 Y	F	Noah Stelmachowicz	SO	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
8	2:13.56 Y	F	Tim Weber	JR	RSHS	9/16/2014	Ritenour b2014-2015
9	2:15.25 Y	F	Kyle McGinnis	SR	RSHS	9/4/2014	Ladue b2014-2015
10	2:18.86 Y	F	Timmy Mitchell	SR	RSHS	9/16/2014	Ritenour b2014-2015
11	2:20.29 Y	F	Kanoa Quigg	JR	RSHS	10/6/2014	Pattonville b2014-2015
12	2:22.36 Y	F	Nathan Helgenberg	JR	RSHS	10/15/2013	Webster Groves b2013-2014
13	2:22.48 Y	F	Alan Peng	FR	RSHS	10/21/2014	Oakville b2014-2015
14	2:24.41 Y	P	Tanner Fokkens	SO	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
15	2:26.98 Y	F	Nikil Mitra	FR	RSHS	9/26/2014	Clayton b2014-2015
16	2:37.17 Y	F	Grant Abkemeier	FR	RSHS	9/30/2014	Webster Groves 2014-2015
17	2:40.38 Y	F	Steven Mltchell	FR	RSHS	9/18/2014	CBC b2014-2015

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### Individual Top Times

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
<b>Boys 500 Free</b>							
1	5:02.10 Y	F	Justin Mars	SR	RSHS	9/6/2012	Quad b2012
2	5:30.58 Y	F	Zack Abkemeier	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
3	5:38.36 Y	F	Zach Milonas	SO	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
4	5:48.76 Y	F	Michael Bassett	SR	RSHS	9/9/2014	Parkway North b2014-2015
5	5:50.47 Y	F	Jecay Chen	SO	RSHS	9/16/2014	Ritenour b2014-2015
6	5:57.33 Y	F	Max Stapleton	JR	RSHS	10/21/2014	Oakville b2014-2015
7	6:00.13 Y	F	Noah Stelmachowicz	SO	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
8	6:10.14 Y	F	Tim Weber	JR	RSHS	11/6/2013	Suburban South Conference Meet
9	6:14.90 Y	F	Alan Peng	FR	RSHS	10/21/2014	Oakville b2014-2015
10	6:23.16 Y	F	Kanoa Quigg	JR	RSHS	9/23/2014	Klrkwood b2014-2015
11	6:27.87 Y	F	Tanner Fokkens	SO	RSHS	9/16/2014	Ritenour b2014-2015
12	6:29.60 Y	F	Kyle McGinnis	SR	RSHS	11/6/2013	Suburban South Conference Meet
13	6:43.16 Y	F	Nathan Helgenberg	JR	RSHS	10/21/2014	Oakville b2014-2015
14	6:52.02 Y	F	Timmy Mitchell	SR	RSHS	9/16/2014	Ritenour b2014-2015
15	7:12.03 Y	P	Grant Abkemeier	FR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
16	7:25.86 Y	F	Nikil Mitra	FR	RSHS	9/9/2014	Parkway North b2014-2015
17	7:37.79 Y	F	Steven Mltchell	FR	RSHS	9/26/2014	Clayton b2014-2015
<b>Boys 50 Back</b>							
1	28.30 Y	F	Michael Bassett	SR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
2	28.34 Y	F	Justin Mars	SR	RSHS	11/10/2012	State Meet b2012
3	30.70 Y	F	Jecay Chen	SO	RSHS	10/16/2014	Vianney b2014-2015
4	30.73 Y	F	Tanner Fokkens	SO	RSHS	9/26/2014	Clayton b2014-2015
5	31.71 Y	F	Max Stapleton	JR	RSHS	10/14/2013	Oakville b2013-2014
6	32.66 Y	F	Tim Weber	JR	RSHS	10/15/2013	Webster Groves b2013-2014
7	33.20 Y	F	Zack Abkemeier	JR	RSHS	10/1/2013	U.City 2013-2014
8	33.24 Y	F	Kanoa Quigg	JR	RSHS	10/17/2013	Vianney b2013-2014
9	33.64 Y	F	Alan Peng	FR	RSHS	10/21/2014	Oakville b2014-2015
10	34.82 Y	F	Nikil Mitra	FR	RSHS	10/16/2014	Vianney b2014-2015
11*	35.30 Y	F	Nathan Helgenberg	JR	RSHS	10/21/2014	Oakville b2014-2015
11*	35.30 Y	F	Noah Stelmachowicz	SO	RSHS	8/26/2014	Parkway Central b2014-2015
13	36.84 Y	F	Zach Milonas	SO	RSHS	8/26/2013	Boys' time trials
14	38.45 Y	F	Timmy Mitchell	SR	RSHS	10/8/2012	Oakville b2012
15	38.51 Y	F	Kyle McGinnis	SR	RSHS	9/20/2012	Clayton b2012
16	39.98 Y	F	Steven Mltchell	FR	RSHS	9/18/2014	CBC b2014-2015
17	44.53 Y	F	Grant Abkemeier	FR	RSHS	8/15/2014	Time Trials boys14-15
18	49.63 Y	F	Tommy Weber	FR	RSHS	9/26/2014	Clayton b2014-2015
<b>Boys 100 Back</b>							
1	59.72 Y	F	Justin Mars	SR	RSHS	9/9/2014	Parkway North b2014-2015
2	1:04.72 Y	F	Michael Bassett	SR	RSHS	10/21/2014	Oakville b2014-2015
3	1:05.44 Y	F	Jecay Chen	SO	RSHS	9/26/2014	Clayton b2014-2015
4	1:05.91 Y	F	Max Stapleton	JR	RSHS	9/30/2014	Webster Groves 2014-2015
5	1:06.71 Y	F	Tanner Fokkens	SO	RSHS	9/30/2014	Webster Groves 2014-2015
6	1:11.45 Y	F	Tim Weber	JR	RSHS	9/23/2014	Klrkwood b2014-2015
7	1:11.53 Y	F	Nikil Mitra	FR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
8	x1:14.13 Y	P	Alan Peng	FR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
9	1:14.41 Y	F	Noah Stelmachowicz	SO	RSHS	10/21/2014	Oakville b2014-2015
10	1:14.84 Y	F	Kyle McGinnis	SR	RSHS	9/11/2014	Summit Quad g2014-2015
11	1:15.49 Y	F	Zach Milonas	SO	RSHS	9/16/2014	Ritenour b2014-2015
12	1:16.41 Y	F	Zack Abkemeier	JR	RSHS	10/30/2013	Parkway Central b2013-2014
13	1:17.85 Y	P	Grant Abkemeier	FR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
14	1:18.83 Y	F	Kanoa Quigg	JR	RSHS	10/14/2013	Oakville b2013-2014
15	1:19.67 Y	P	Nathan Helgenberg	JR	RSHS	10/3/2012	Rockwood Summit Invitational
16	1:23.37 Y	F	Timmy Mitchell	SR	RSHS	9/11/2012	Aftton b2012
17	1:31.54 Y	F	Steven Mltchell	FR	RSHS	10/21/2014	Oakville b2014-2015
<b>Boys 50 Breast</b>							
1	27.33 Y	F	Justin Mars	SR	RSHS	11/7/2014	State Prelims b2014-2015
2	33.39 Y	F	Nathan Helgenberg	JR	RSHS	9/12/2013	Summit Quad

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	Time	P/F/S	Name	Age/Yr			
3	33.64 Y	F	Kanoa Quigg	JR	RSHS	9/11/2014	Summit Quad g2014-2015
4	34.10 Y	F	Zach Milonas	SO	RSHS	10/21/2014	Oakville b2014-2015
5	34.87 Y	F	Max Stapleton	JR	RSHS	9/3/2013	Lindbergh b13-14
6	36.22 Y	F	Michael Bassett	SR	RSHS	9/17/2013	Affton b2013-2014
7	37.34 Y	F	Kyle McGinnis	SR	RSHS	10/21/2014	Oakville b2014-2015
8	37.41 Y	F	Grant Abkemeier	FR	RSHS	9/16/2014	Ritenour b2014-2015
9	38.18 Y	F	Nikil Mitra	FR	RSHS	8/27/2014	WCA b2014-2015
10	38.52 Y	F	Zack Abkemeier	JR	RSHS	8/15/2014	Time Trials boys14-15
11	38.78 Y	F	Tim Weber	JR	RSHS	8/15/2014	Time Trials boys14-15
12	39.17 Y	F	Jecay Chen	SO	RSHS	8/15/2014	Time Trials boys14-15
13	39.18 Y	F	Alan Peng	FR	RSHS	8/15/2014	Time Trials boys14-15
14	41.82 Y	F	Tanner Fokkens	SO	RSHS	8/15/2014	Time Trials boys14-15
15	42.14 Y	F	Timmy Mitchell	SR	RSHS	8/15/2014	Time Trials boys14-15
16	42.50 Y	F	Steven Mltchell	FR	RSHS	9/26/2014	Clayton b2014-2015
17	43.92 Y	F	Noah Stelmachowicz	SO	RSHS	8/15/2014	Time Trials boys14-15
18	1:15.99 Y	F	Branden Stewart	SO	RSHS	8/15/2014	Time Trials boys14-15
<b>Boys 100 Breast</b>							
1	59.28 Y	F	Justin Mars	SR	RSHS	11/16/2013	State Finals 2013-2014
2	1:12.21 Y	F	Nathan Helgenberg	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
3	1:12.30 Y	F	Kanoa Quigg	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
4	1:14.20 Y	F	Max Stapleton	JR	RSHS	10/6/2014	Pattonville b2014-2015
5	1:16.41 Y	F	Michael Bassett	SR	RSHS	10/15/2013	Webster Groves b2013-2014
6	1:18.13 Y	P	Kyle McGinnis	SR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
7	1:19.48 Y	F	Zack Abkemeier	JR	RSHS	8/20/2014	Intrasquad b2014-2015
8	1:21.04 Y	F	Tim Weber	JR	RSHS	10/21/2014	Oakville b2014-2015
9	1:21.25 Y	F	Alan Peng	FR	RSHS	10/17/2014	Parkway West b2014-2015
10	1:22.78 Y	F	Jecay Chen	SO	RSHS	9/16/2014	Ritenour b2014-2015
11	1:23.87 Y	F	Nikil Mitra	FR	RSHS	10/21/2014	Oakville b2014-2015
12	1:25.27 Y	F	Grant Abkemeier	FR	RSHS	9/11/2014	Summit Quad g2014-2015
13	1:25.98 Y	F	Tanner Fokkens	SO	RSHS	10/6/2014	Pattonville b2014-2015
14	1:26.00 Y	F	Zach Milonas	SO	RSHS	8/26/2013	Boys' time trials
15	1:27.07 Y	F	Timmy Mitchell	SR	RSHS	10/8/2012	Oakville b2012
16	1:49.82 Y	F	Noah Stelmachowicz	SO	RSHS	8/26/2013	Boys' time trials
17	3:11.93 Y	F	Branden Stewart	SO	RSHS	8/26/2013	Boys' time trials
<b>Boys 50 Fly</b>							
1	24.97 Y	F	Tim Weber	JR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
2	25.96 Y	F	Justin Mars	SR	RSHS	8/26/2013	Boys' time trials
3	27.07 Y	F	Zach Milonas	SO	RSHS	9/16/2014	Ritenour b2014-2015
4	27.28 Y	F	Jecay Chen	SO	RSHS	10/17/2014	Parkway West b2014-2015
5	28.56 Y	F	Max Stapleton	JR	RSHS	8/15/2014	Time Trials boys14-15
6	29.17 Y	F	Zack Abkemeier	JR	RSHS	8/15/2014	Time Trials boys14-15
7	30.00 Y	F	Noah Stelmachowicz	SO	RSHS	10/21/2014	Oakville b2014-2015
8	30.22 Y	F	Alan Peng	FR	RSHS	10/16/2014	Vianney b2014-2015
9	30.36 Y	F	Michael Bassett	SR	RSHS	10/15/2013	Webster Groves b2013-2014
10	31.71 Y	F	Timmy Mitchell	SR	RSHS	9/18/2014	CBC b2014-2015
11	31.78 Y	F	Tanner Fokkens	SO	RSHS	10/21/2014	Oakville b2014-2015
12	33.32 Y	F	Nathan Helgenberg	JR	RSHS	8/15/2014	Time Trials boys14-15
13	33.40 Y	F	Kyle McGinnis	SR	RSHS	9/17/2013	Affton b2013-2014
14	35.80 Y	F	Nikil Mitra	FR	RSHS	9/2/2014	Lindbergh b2014-2015
15	38.07 Y	F	Grant Abkemeier	FR	RSHS	8/27/2014	WCA b2014-2015
16	38.09 Y	F	Kanoa Quigg	JR	RSHS	9/6/2013	Westminister2013-14
17	40.09 Y	F	Steven Mltchell	FR	RSHS	9/4/2014	Ladue b2014-2015
18	1:10.87 Y	F	Tommy Weber	FR	RSHS	8/15/2014	Time Trials boys14-15
19	1:12.47 Y	F	Branden Stewart	SO	RSHS	8/26/2013	Boys' time trials
<b>Boys 100 Fly</b>							
1	56.50 Y	F	Justin Mars	SR	RSHS	9/26/2014	Clayton b2014-2015
2	57.06 Y	F	Max Stapleton	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
3	58.05 Y	F	Tim Weber	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char

## ROCKWOOD SUMMIT SWIMMING AND DIVING

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### Individual Top Times

Number of Top Times: All Show Yards Only

	Time	P/F/S	Name	Age/Yr			
4	1:00.12 Y	P	Jecay Chen	SO	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
5	1:02.02 Y	F	Zack Abkemeier	JR	RSHS	10/17/2014	Parkway West b2014-2015
6	1:05.90 Y	F	Zach Milonas	SO	RSHS	10/17/2013	Vianney b2013-2014
7	1:08.25 Y	F	Kanoa Quigg	JR	RSHS	9/18/2014	CBC b2014-2015
8	1:08.71 Y	F	Michael Bassett	SR	RSHS	10/1/2013	U.City 2013-2014
9	1:08.78 Y	F	Noah Stelmachowicz	SO	RSHS	10/21/2014	Oakville b2014-2015
10	x1:09.84 Y	P	Alan Peng	FR	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
11	x1:11.83 Y	P	Tanner Fokkens	SO	RSHS	10/8/2014	Rockwood Summit Invite b2014-2015
12	1:11.85 Y	F	Nathan Helgenberg	JR	RSHS	8/20/2014	Intrasquad b2014-2015
13	1:18.55 Y	F	Kyle McGinnis	SR	RSHS	10/30/2013	Parkway Central b2013-2014
14	1:19.85 Y	F	Timmy Mitchell	SR	RSHS	10/15/2013	Webster Groves b2013-2014
15	1:23.69 Y	F	Grant Abkemeier	FR	RSHS	10/16/2014	Vianney b2014-2015
16	1:24.34 Y	F	Nikil Mitra	FR	RSHS	9/23/2014	Kirkwood b2014-2015
17	1:40.29 Y	F	Steven Mltchell	FR	RSHS	9/9/2014	Parkway North b2014-2015
<b>Boys 200 IM</b>							
1	1:55.49 Y	F	Justin Mars	SR	RSHS	11/8/2014	State Finals b2014-2015
2	2:15.47 Y	F	Michael Bassett	SR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
3	2:23.83 Y	F	Tim Weber	JR	RSHS	11/6/2013	Suburban South Conference Meet
4	2:24.75 Y	F	Zack Abkemeier	JR	RSHS	9/16/2014	Ritenour b2014-2015
5	2:24.93 Y	F	Jecay Chen	SO	RSHS	9/23/2014	Kirkwood b2014-2015
6	2:25.68 Y	F	Max Stapleton	JR	RSHS	10/21/2014	Oakville b2014-2015
7	2:26.70 Y	F	Kanoa Quigg	JR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char
8	2:26.84 Y	F	Zach Milonas	SO	RSHS	9/9/2014	Parkway North b2014-2015
9	2:33.18 Y	F	Kyle McGinnis	SR	RSHS	9/16/2014	Ritenour b2014-2015
10	2:33.61 Y	F	Alan Peng	FR	RSHS	9/30/2014	Webster Groves 2014-2015
11	2:35.22 Y	F	Nathan Helgenberg	JR	RSHS	9/18/2014	CBC b2014-2015
12	2:35.48 Y	F	Tanner Fokkens	SO	RSHS	8/26/2014	Parkway Central b2014-2015
13	2:40.88 Y	F	Noah Stelmachowicz	SO	RSHS	9/23/2014	Kirkwood b2014-2015
14	2:44.53 Y	F	Timmy Mitchell	SR	RSHS	9/17/2013	Afton b2013-2014
15	2:45.84 Y	F	Nikil Mitra	FR	RSHS	10/21/2014	Oakville b2014-2015
16	2:56.97 Y	F	Grant Abkemeier	FR	RSHS	9/4/2014	Ladue b2014-2015
17	3:21.67 Y	F	Steven Mltchell	FR	RSHS	9/30/2014	Webster Groves 2014-2015
<b>Boys 1 Meter 6 Dives</b>							
1	187.10	F	Nate Kappler	FR	RSHS	10/17/2014	Parkway West b2014-2015
<b>Boys 1 Meter 11 Dives</b>							
1	286.65	F	Nate Kappler	FR	RSHS	10/28/2014	Suburban 12 Swimming and Diving Char